



EQ: Smarter Leadership and Management Thinking

Overview

This two-day workshop is a must for every business. It demystifies the differences between leadership and management and explains exactly when and how to use each. It also explains why it is even more important that a leader uses EQ (Emotional Intelligence) than IQ in the workplace. Finally this course covers how to develop and implement EQ in the workplace for the benefit of the leader and staff.

Designed For

This course is an absolute MUST for any supervisor, manager or leader, in any business whether large or small, in any Government or Private Industry.

On this course you will learn how to:

- Discover what emotional intelligence is and why it matters
- Learn how to manage behaviours that hold you back from optimal performance
- Understand the key strategies for building and maintaining energy levels at work
- Develop more effective communication and influencing skills
- Learn the difference between management and leadership and when and how to use each
- Learn how to leverage emotional strengths that build effective market driven relationships
- Discover how to read people accurately and hear what they are "really" saying

Learning Outcomes

Participants will learn how to use the ten aspects of EQ for the benefit of themselves, their staff and their organisation.

"We can't solve problems using the same kind of thinking we used when we created them" Albert Einstein

Course Details

Cost: \$960

Length: 2 day Face-to-Face

Includes:
Workbook, Emotional Intelligence profile, morning & afternoon tea and lunch

Dates and Venues

Contact AllsortsCT for next available course.

Phone: **07 55464950**

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This EQ component of this course was developed by Dr Martyn Newman world leader on EQ and is licensed to AllsortsCT

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